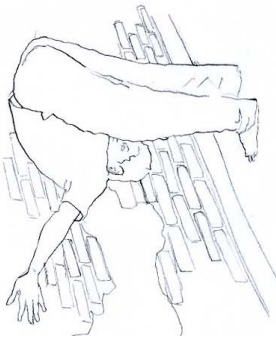
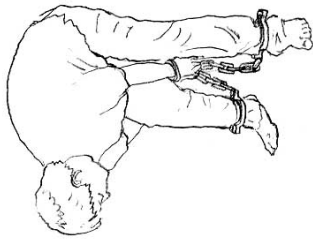


Torture Methods Used On Falun Gong Practitioners in Chinese Detention Centers and Forced-Labor Camps



Backing Up an Airplane:

Practitioners are forced to bend over while keeping legs straight and extending arms against the wall. If they cannot bear it, prisoners and designated torturers beat them.



Limbs Shackled Together:

The shackle weighs over 20 pounds. Police often leave practitioners this way for a long time so they cannot sleep, walk, stand, use the bathroom, or eat. They have to move in a half-squatting and bowing position.



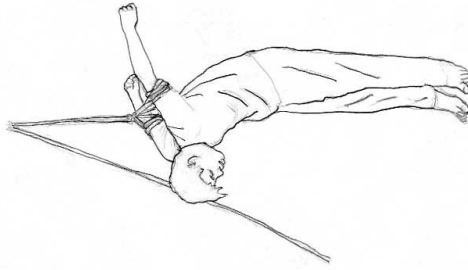
The Tiger Bench:

Torture method used on practitioners. Usually, hard objects are inserted beneath the practitioner's shins or ankles to increase the pain.



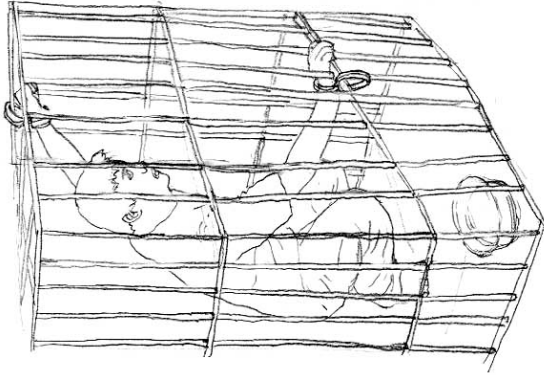
Carrying a Sword on the Back:

Usually, this position causes extreme pain in just 20 minutes. However, the policemen handcuff practitioners this way for as long as four hours.



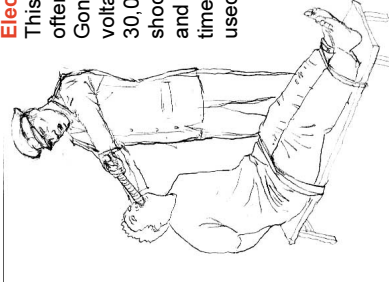
Tying the Ropes:

"Hanging up once" means the rope is tied one time. As a severe punishment, the rope is tied twice at the most for criminals who try to escape from detention centers. But the police tie Falun Gong practitioners eight or nine times.



Solitary Compartment:

The dimensions of the cage are less than a person's height, so one can neither stand up nor lie down. Except for a small barred door, all openings are tightly sealed. No light comes in. Practitioners are at times locked up for 120 days.



Electric Baton:

This device is the one most often used to torture Falun Gong practitioners. High-voltage batons—usually 30,000 volts—are used to shock practitioners' sensitive and private parts. Sometimes, multiple batons are used together.



Deathbed or Big Letter Board:

This torture method is used on practitioners who are on a hunger strike and do not yield to unreasonable demands. Guards and prisoners force-feed them through a tube inserted in the nose. Many practitioners have died this way.

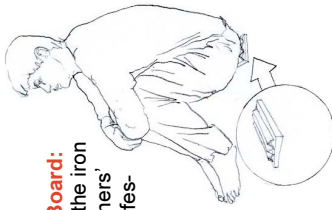


Triangle Iron Board:

After sitting on the iron board, practitioners' hips bleed and fester endlessly.

Handcuffed Behind the Back:

To keep practitioners from doing Falun Gong exercises, police handcuff them. They cannot use the bathroom, eat, or sleep.



In the cell, people often hear crying from the hallway and see bruises all over Falun Gong practitioners' bodies from the beatings. Some practitioners faint and are dragged away by guards, policemen, or common criminals. The practitioner's life circumstances are uncertain.